



Let's Talk Tummy...

Saggy or Excess Skin -- Old C-Section Scars?

Dr. Schilling is now performing LIPO-Abdominoplasty or "Tummy Tuck". This procedure can remove the excess sagging skin as well as the old C-section and hysterectomy scars creating a smoother, flatter beautiful belly.

Because liposuction contouring is done concurrently with the removal of the excess loose skin -- an enhanced contour of the waist and hips is obtained. The incision is placed very low in the bikini area and most stretch marks are removed as well.

The procedure is performed under local anesthesia with mild sedatives for enhanced safety and avoidance of general anesthesia.

If you are considering having a "tummy tuck" or the "mommy makeover" please call and schedule a complimentary consultation with Dr. Schilling to find out if you are a candidate. You must be a healthy, non-smoker with unwanted fat and moderate abdominal and skin laxity.

"In October of 2009, I had a mini-tummytuck and scar revision on my lower abdomen, in combination with Smartlipo on my upper abs. After years of diet and exercise, the loose skin remained below my belly button, but with Dr. Schilling's help, I now have a much tighter tummy. The entire procedure was done in the office under local anesthetic and with no in-patient hospital stay. My scar is longer than my previous c-section scar but just as low and out of view. Six months later, I am extremely pleased with the results, and I fit more comfortably into my jeans. Dr. Schilling and his staff were wonderful during the entire process - from the "before" photos, to the "after" photos. Recovery was manageable and I was able to return to work in several days. I would definitely recommend the combination procedure to anyone, and would highly suggest visiting Dr. Schilling for a consultation."
Amy L.

a practice by **John P. Schilling, MD, FACOG**
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