

FAQ's INJECTABLES

Botox® Cosmetic

WHAT EXACTLY IS BOTOX® COSMETIC?

BOTOX® Cosmetic is a purified protein produced by the Clostridium botulinum bacterium. It is a non-surgical, physician-administered treatment that can temporarily reduce moderate to severe frown lines between the brows in people 18 to 65 years of age. During treatment, very low doses of BOTOX® Cosmetic are administered via a few tiny injections directly into the muscles that cause those stubborn lines. The treatment is usually done in about 10 minutes, and no recovery time is needed. Within days, you may see an improvement that can last up to 4 months. Results may vary.

HOW DOES BOTOX® COSMETIC WORK?

Those moderate to severe frown lines between your brows form over time as the result of muscle activity. BOTOX® Cosmetic is injected directly into the muscles between your brows. It works by blocking the transmission of nerve impulses to the injected muscles; this reduces the activity of the muscles that cause those persistent lines to form.

WHEN WILL I SEE RESULTS FROM A BOTOX® COSMETIC treatment?

Within days, you may see a marked improvement in the moderate to severe frown lines between your brows. Lines continue to improve for up to a month, and results can last for up to 4 months. In clinical trials, nearly 90% of men and women rated the improvement in their appearance as moderate to better 1 month after treatment. Results may vary.

HOW LONG DOES BOTOX® COSMETIC LAST?

Results from treatment with BOTOX® Cosmetic can last for up to 4 months. If you discontinue treatment, the frown lines between your brows gradually will look like they did before treatment.

WHO SHOULD ADMINISTER BOTOX®COSMETIC?

Physicians and nurse practitioners specializing in cosmetic procedures are generally more experienced.

IS TREATMENT WITH BOTOX® COSMETIC PAINFUL?

Discomfort is usually minimal and brief. Prior to injecting, your physician may choose to numb the area with a cold pack or anesthetic cream. The entire procedure takes approximately 10 minutes. Many people are in and out of the office without downtime following BOTOX® Cosmetic treatment.

WHO SHOULD NOT USE BOTOX® COSMETIC?

BOTOX® Cosmetic should not be used in the presence of infection at the proposed injection site(s) and in individuals with known hypersensitivity to any ingredient in the formulation. Patients with neuromuscular disorders such as ALS, myasthenia gravis or Lambert-Eaton syndrome may be at increased risk of serious side effects.

WILL I EXPERIENCE ANY SIDE EFFECTS?

The most common side effects following injection include temporary eyelid droop and nausea. Localized pain, infection, inflammation, tenderness, swelling, redness, and/or bleeding/bruising may be associated with the injection. Patients with certain neuromuscular disorders such as ALS, myasthenia gravis, or Lambert-Eaton syndrome may be at increased risk of serious side effects

WILL MY FACIAL EXPRESSIONS CONTINUE TO LOOK NATURAL?

Although the results are visible, a treatment with BOTOX® Cosmetic will not radically change your facial appearance or make you look as if you "had work done." The muscle activity that causes frown lines between the brows is simply reduced, so you can still frown or look surprised without the wrinkles and creases between your brows.

WHAT WILL HAPPEN TO THE FROWN LINES BETWEEN MY BROWS IF I CHOOSE NOT TO CONTINUE TREATMENTS?

If you do not continue treatments, the moderate to severe frown lines between your brows will gradually look like they did before treatment.

IS BOTOX® COSMETIC AFFORDABLE?

When considering your facial aesthetic options, BOTOX® Cosmetic is quite affordable. According to an American Society for Aesthetic Plastic Surgery survey, BOTOX® Cosmetic is one of the low-entry-cost facial aesthetic procedures in the United States. Like other appearance-related investments, such as hair coloring and cuts, teeth whitening, and chemical peels, the cost must be weighed relative to your expectations.

Juvéderm®

WHAT IS JUVÉDERM™ INJECTABLE GEL?

As we age, our skin changes. Over time, the natural volume of youthful skin begins to diminish as wrinkles and folds form. But, with Juvéderm™ injectable gel, you don't have to just sit back and let it happen! Recently approved by the FDA, Juvéderm™ injectable gel is a “next-generation” dermal filler. The smooth consistency gel helps to instantly restore your skin's volume and smooth away facial wrinkles and folds, like your “smile lines” or “parentheses” (nasolabial folds—the creases that run from the bottom of your nose to the corners of your mouth).

Juvéderm™ is a smooth consistency gel made of hyaluronic acid—a naturally occurring substance in your skin that helps to add volume and hydration. Your healthcare professional eases Juvéderm™ injectable gel under the skin to provide a smooth, natural look and feel—so everyone will notice (but no one will know)! In fact, studies show superior results of Juvéderm™ compared to a collagen-based dermal filler.* In addition, Juvéderm™ injectable gel is the first FDA-approved hyaluronic acid dermal filler that is proven to be safe and effective for persons of color.

WHAT DOES JUVÉDERM™ DO?

Juvéderm™ injectable gel temporarily adds volume to facial tissue and restores a smoother appearance to the face.

WHAT IS JUVÉDERM™ INDICATED FOR?

Juvéderm™ Ultra and Juvéderm™ Ultra Plus injectable gels are indicated for injection into the mid to deep dermis (below the outer layer of skin) for the correction of moderate to severe facial wrinkles and folds, such as nasolabial folds (the creases running from the bottom of your nose to the corners of your mouth).

WHAT MAKES JUVÉDERM™ DIFFERENT FROM OTHER DERMAL FILLERS?

Juvéderm™ injectable gel employs its unique manufacturing process to provide the highest concentration of cross-linked hyaluronic acid of any currently available hyaluronic acid dermal filler for long-lasting results. This advanced manufacturing process works to create a smooth consistency gel that flows easily into the skin and provides a smooth, natural look and feel.

HOW IS JUVÉDERM™ INJECTABLE GEL DIFFERENT FROM BOTOX® COSMETIC?

Juvéderm™ injectable gel is a “next generation” hyaluronic acid dermal filler that provides volume and is used to treat wrinkles and folds resulting from a loss of volume beneath the surface of the skin such as perioral lines and nasolabial folds (lines around your mouth and nose). Juvéderm™ restores your skin's volume for a smooth, natural look and feel. BOTOX® Cosmetic is not a filler. BOTOX® Cosmetic relaxes muscle activity and is used to treat moderate to severe lines caused by the dominant frown muscles between the eyebrows (the glabellar area). This allows the two vertical lines between the brows, often referred to as the “11,” to temporarily diminish for a smoother appearance.

WHAT IS HYALURONIC ACID?

Hyaluronic acid is a naturally occurring substance found in all mammals that helps to hydrate and add volume to your skin. In addition to its use as an aesthetic treatment, hyaluronic acid has also been used for more than 20 years for injection into arthritic joints to aid movement as well as for eye surgeries and wound repair.

IS TREATMENT WITH JUVÉDERM™ INJECTABLE GEL PAINFUL?

Injections may cause some discomfort during and after the injection. The smooth consistency gel of Juvéderm™ allows your doctor to administer it easily and smoothly. Juvéderm™ is injected directly into the skin using a fine needle to reduce injection discomfort. Your doctor may choose to numb (anesthetize) the treatment area to further minimize discomfort.

HOW LONG DOES TREATMENT USUALLY TAKE?

The injection process takes only about 15 minutes. You'll also need to allow time to consult with your doctor prior to treatment.

WHAT KIND OF DOCTOR CAN PROVIDE TREATMENT WITH JUVÉDERM™ INJECTABLE GEL?

Physicians and nurse practitioners specializing in cosmetic procedures are generally more experienced.

DOES THE CORRECTION LAST FOREVER?

No. Correction is temporary; therefore, touch-up injections as well as repeat injections are usually needed to maintain optimal corrections.

HOW LONG DO RESULTS LAST?

The unique formulation of Juvéderm™ provides results that last up to 6 months or longer.

WHAT ARE THE POSSIBLE SIDE EFFECTS OF JUVÉDERM™ INJECTABLE GEL?

Most side effects are mild or moderate in nature, and their duration is short lasting (7 days or less). The most common side effects include, but are not limited to, temporary injections site reactions such as: redness, pain/tenderness, firmness, swelling, lumps/bumps, bruising, itching, and discoloration. As with all skin injection procedures there is a risk of infection.

CAN PEOPLE WITH DIFFERENT SKIN TONES/COLORS BE TREATED WITH JUVÉDERM™?

Yes. In fact, Juvéderm™ injectable gel is the first FDA-approved hyaluronic acid dermal filler that has proven its safety and effectiveness in persons of color. Studies with Juvéderm™ showed no increased risk of hyper-pigmentation or hypertrophic scarring in patients of color.

Restylane®

WHAT IS RESTYLANE®?

Restylane® is an injectable gel that should always be administered by a trained, medically qualified practitioner.

Restylane® enhances your natural looks by restoring your skin's volume, creating softness and revitalizing your appearance.

WHAT ARE THE BENEFITS OF RESTYLANE®?

Restylane® can instantly soften telltale aging lines or improve your looks by enhancing your natural features, such as your cheeks or lips. Restylane® restores volume, improves skin elasticity, and smoothes lines and imperfections. Long lasting but not permanent, Restylane® allows you to stay in control of your looks.

WHAT IS THE CLINICAL EXPERIENCE BEHIND RESTYLANE®?

Restylane® is one of the most tried and tested dermal fillers available today. It is the benchmark for clinical excellence in its field. Its safety and efficacy are clinically proven and supported by robust clinical data, spanning 10 years. Research and development is continuous.

HOW DOES RESTYLANE® WORK?

Restylane® is a crystal-clear gel produced biotechnologically using stabilized, non-animal hyaluronic acid and water. The hyaluronic acid is a tissue-friendly substance closely resembling the hyaluronic acid that occurs naturally in the body. By replenishing nature's supply of hyaluronic acid, Restylane revitalizes and plumps up the skin, instantly diminishing the appearance of lines and giving a softer look.

WHAT DOES RESTYLANE® TREATMENT INVOLVE?

Restylane® is injected into the skin in small amounts using a very fine needle. The gel provides hydration and structure and gives natural volume to smooth away the appearance of lines, enhance facial shape, or create fuller lips.

The treatment is very quick and often takes less than 30 minutes. The treatment benefits can normally be seen instantly and Restylane® does not affect facial expression. No skin test is required because Restylane® does not contain any animal-derived ingredients.

WHAT AREAS CAN BE TREATED?

Restylane® treatments can be used to smooth out facial lines, create fuller lips and shape facial contours, such as cheeks and chin. It is a subtle approach to enhancing looks naturally.

The most common areas treated are:

- from the nose to the angle of the mouth (the nasolabial folds)
- lips (enhancement)
- cheeks and chin (shaping)

- back of the hands, décolletage, face (skin rejuvenation)
- between the eyebrows (the glabellar lines)

HOW MUCH DOES A RESTYLANE® TREATMENT COST?

During your pretreatment consultation, you should discuss the cost of the treatment with your practitioner.

HOW LONG DOES RESTYLANE® TREATMENT EFFECT LAST?

One of the great advantages of Restylane® is that the effects are long lasting but not permanent. You are always in control of your looks.

- Facial lines and facial shaping: follow-up treatment is usually needed after 6-12 months
- Lip enhancement: follow-up treatment is normally needed in about 6 months
- Skin rejuvenation and deep hydration: after the initial intense treatment of 3 treatment sessions every 2-3 weeks, follow-up sessions are normally recommended around every 6 months

Duration depends on many factors, such as skin type, lifestyle, age, the degree of perfection demanded by the patient and the injection technique of the practitioner.

DOES RESTYLANE® TREATMENT HURT?

Some people may experience the treatment as a mild discomfort. A local anesthetic cream is often used. Another form of anesthesia, a dental block, is used to numb the area when enhancing lips.

CAN RESTYLANE® BE USED IF I HAVE HAD LASER TREATMENT OR A CHEMICAL PEEL?

If you have recently had some kind of cosmetic treatment, it is recommended you wait until the area is totally healed and the skin is back to its normal condition. This usually takes 4 to 6 weeks.

IS THERE ANY DOWNTIME WITH RESTYLANE®?

You can expect slight redness, swelling, pain, tenderness, itching and/or bruising following Restylane® treatment. This is the same as you might expect with any type of injection. However, the discomfort is temporary and generally disappears after a few days. With lip enhancement, it is wise to choose your treatment time with care since your lips may become swollen and appear slightly uneven for a few days.

ARE THERE ANY RISKS WITH RESTYLANE®?

More than 6 million treatments have been carried out since the launch of Restylane® in 1996. Some common injection-related reactions might occur after a Restylane® injection; they typically resolve spontaneously within one or two days after injection. These reactions include redness, swelling, pain, itching, bruising or tenderness at the injection site. Inflammatory reactions may last for up to two weeks in rare cases. After a lip enhancement, your lips may be swollen for several days.

ARE THERE ANY SIDE EFFECTS WITH RESTYLANE®?

Most people can benefit from Restylane® treatment.

Restylane® should not be used in or near skin sites where there are or have been active skin disease, inflammation or related conditions. Nor should it be injected into an area where a permanent implant has been placed. Restylane® has not been tested in pregnant or breast-feeding women.

During your pretreatment consultation, you should thoroughly discuss your medical history with your practitioner.

Radiesse®

WHAT IS RADIESSE DERMAL FILLER?

RADIESSE dermal filler is setting a new standard for facial contouring and augmentation. It immediately adds volume to safely contour, correct, and beautify facial features. And it continues to work over time. It has patented microsphere technology and stimulates the body to produce new collagen for a soft, natural look that lasts.

HOW DOES RADIESSE DERMAL FILLER WORK?

RADIESSE dermal filler is made of unique, patented, calcium hydroxylapatite (CaHA) microspheres suspended in a water-based gel carrier. When injected into the skin, these microspheres initially perform as a filler - they immediately provide facial volume for a soft, natural look. The transformation is noticeable right away. Over time, your body will gradually absorb the gel carrier, but the very tiny, smooth microspheres remain.

Once injected, RADIESSE dermal filler starts a process called neocollagenesis, or the creation of new collagen. It stimulates collagen production in your own body and encourages collagen growth around the injection site. In many cases, results may last up to a year or more.

IS RADIESSE DERMAL FILLER SAFE?

In years of rigorous clinical testing and use by physicians in hundreds of thousands of patients worldwide, RADIESSE dermal filler has been proven to be safe and effective.

RADIESSE dermal filler is made of calcium hydroxylapatite (CaHA), a biocompatible substance that's identical to what's naturally found in the body. RADIESSE dermal filler does not contain any animal- or human-derived components and it has a minimal risk of allergic reaction.

After injection, RADIESSE dermal filler will not migrate to other parts of the body. Over time, it degrades naturally into calcium and phosphate ions that are safely metabolized by the body's own processes.

HOW IS TREATMENT WITH RADIESSE DERMAL FILLER PERFORMED?

RADIESSE dermal filler is injected into the skin through a simple, safe, quick, and minimally invasive outpatient procedure.

WILL I NEED A SKIN TEST?

RADIESSE dermal filler is made of a synthetic, biocompatible substance that's identical to what's naturally found in the body. Because RADIESSE dermal filler does not contain any animal- or human-derived components, there's virtually no risk of an allergic reaction. That means you do not need to undergo skin allergy testing prior to treatment. However, if you believe you are having an allergic reaction to RADIESSE dermal filler, seek medical attention immediately.

DOES IT HURT?

Physicians use a variety of pain management techniques during treatment to ensure patient comfort. Please talk to your physician about which techniques are right for you.

ARE THERE ANY SIDE EFFECTS?

There have been very few side effects reported in clinical trials and actual usage. However, you may experience some common injection-related reactions, such as mild irritation, edema, swelling, itching, discoloration, or tenderness at the injection site. These conditions typically resolve themselves within one to two days.

WHAT IF I'M TAKING MEDICATION?

Patients may need to refrain from taking some medications and supplements for a few days prior to treatment. If you're taking medications or supplements, please tell your physician before receiving treatment.

HOW SOON CAN I EXPECT RESULTS?

You'll see results immediately after treatment. RADIESSE dermal filler continues to deliver results over time as it stimulates your body to produce new collagen. **Results may last up to a year or more in many patients**, which may result in fewer office visits for retreatment.

HOW QUICKLY CAN I RETURN TO MY NORMAL ACTIVITIES?

Most patients experience little to no downtime and return to normal activities almost immediately after treatment. Other patients may need more time for recovery. By 24 hours after treatment, most swelling and redness will have subsided.

WILL RADIESSE DERMAL FILLER BECOME HARD OR NOTICEABLE TO THE TOUCH?

No. RADIESSE dermal filler stays soft and will take on the characteristics of the surrounding tissue.

IS RADIESSE DERMAL FILLER PERMANENT?

No. Treatment results last a long time, but they are not permanent. The tiny, calcium-based microspheres in RADIESSE dermal filler eventually break down into calcium and phosphate ions. These ions are safely and naturally absorbed into your body, leaving your own newly produced collagen in place.

HOW MANY TREATMENTS WILL I NEED?

Many patients will achieve their desired result after just one treatment. To ensure your satisfaction, your physician may schedule a follow-up visit, where a touchup treatment might be recommended.

HOW MUCH DOES RADIESSE DERMAL FILLER COST?

Because treatment is customized for each patient, the cost varies. In general, the cost of RADIESSE dermal filler is comparable to that of similar fillers. The results may last up to a year or more for many patients. That means you may

need fewer office visits for retreatment, which could save you money and time. Consult your physician for a recommendation as to how RADIESSE dermal filler can best meet your individual needs.

Sculptra®

WHAT IS SCULPTRA™?

Sculptra™ is a synthetic injectable material known as "poly-L-lactic acid." Poly-L-lactic acid is biocompatible (a material that does not harm the body) and biodegradable (able to be broken down by the body). Poly-L-lactic acid has been widely used for many years in dissolvable stitches, soft tissue implants, and other types of implants.

HOW DOES SCULPTRA™ WORK?

Sculptra™ is injected below the surface of the skin in the area of fat loss. Sculptra™ provides a gradual increase in skin thickness. Visible results appear within the first few treatment sessions.

Sculptra™ will not correct the underlying cause of the facial fat loss, but will help improve the appearance by increasing skin thickness in the treated area.

DO I NEED A SKIN TEST BEFORE BEING TREATED WITH SCULPTRA™?

No skin testing is required prior to use.

ARE THE RESULTS FROM SCULPTRA™ IMMEDIATE?

No. At your first treatment visit, it may appear that Sculptra™ worked immediately because of swelling from the injections and the water used to dilute Sculptra™. In a few days, when the swelling goes down and the water is absorbed by your body, you may look as you did before your treatment. Sculptra™ takes time to gradually correct the depression in your skin. Your healthcare provider will see you again in a few weeks to decide if you need more Sculptra™ injections.

HOW MANY TREATMENTS ARE REQUIRED?

Your healthcare provider will decide the appropriate number of treatment sessions and the amount of Sculptra™ you will need at each session. Patients with severe facial fat loss may require 3 to 6 treatment sessions.

HOW LONG DO TREATMENT RESULTS LAST?

Treatment results will differ for each person. In a clinical study, the treatment results lasted for up to 2 years after the first treatment session, in most patients. Touch-up treatments may be needed to maintain the desired effect.

DO INJECTIONS OF SCULPTRA™ HURT?

As with any injection, injections with Sculptra® may hurt. Sculptra™ is injected in small amounts using a very fine needle. Your healthcare provider may apply a topical or local anesthetic.

WHAT CAN I EXPECT TO HAPPEN AT A TREATMENT SESSION?

Your healthcare provider will answer all of your questions and prepare you for the treatment.

- Make-up should be removed.
- The area where the injections will be given will be cleaned with an antiseptic.
- You and your healthcare provider will determine if a topical or local anesthetic is needed.
- Sculptra™ will be injected in small amounts into the skin using a very fine needle. Multiple injections will be needed.
- An ice pack should be applied to the treatment area to help reduce swelling.

After the treatment session, the area should be thoroughly massaged to distribute the product evenly.

WHAT CAN I EXPECT AFTER TREATMENT?

Immediately following a treatment session with Sculptra™, redness, swelling, pain, bruising or these entire signs can happen in the treatment area. These signs usually go away in a few hours to a few days. Some have been known to last up to 17 days. Your healthcare provider will give you specific post-treatment care instructions. You should massage the treated area (a few times each day) for several days after the treatment session. Within the first 24 hours after treatment, an ice pack should be applied for a few minutes at a time to the treatment area to help reduce swelling. Wrap the ice in a cloth and avoid putting ice directly on your skin. Avoid excessive sun and UV lamp exposure until any initial swelling and redness has resolved.

Report any worsening or longer-lasting symptoms or signs to your healthcare provider.

HOW QUICKLY CAN I GET BACK TO MY DAILY ACTIVITIES?

Most patients feel comfortable going back to their normal activities following treatment.

WHEN WILL I BE ABLE TO APPLY MAKE-UP AFTER TREATMENT?

Make-up may be applied a few hours after treatment if no complications are present (for example, open wounds or bleeding).

WHAT ARE THE POSSIBLE SIDE EFFECTS OF TREATMENT WITH SCULPTRA™?

The most common side effects with the use of Sculptra™ include injection-related side effects at the site of the injection such as bleeding, tenderness or pain, redness, bruising, or swelling.

These side effects generally last, on average, 3 to 17 days.

One possible delayed side effect with Sculptra™ can be small bumps under the skin in the treated area. These small bumps may not be visible, and you may notice them only when you press on the treated skin. These bumps tend to happen within the first 6 to 12 months after the first treatment. Occasionally, these bumps go away on their own. Visible bumps, sometimes with redness or color change to the treated area, have also been reported. As with all procedures that involve an injection through the skin, there is a risk of infection. Report any side effects to your healthcare provider.

WHO SHOULD NOT USE SCULPTRA™?

You should not use Sculptra™ if you are allergic to any ingredient of Sculptra®. Talk to your healthcare provider about your medical history when deciding on treatment options.